

## *Curriculum Vitae*

### **Dr. Fiona S. Rupprecht**

Faculty of Psychology  
Department of Developmental and Educational Psychology  
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Austria  
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#### **Education**

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- 09/2021                      Doctor of Philosophy (summa cum laude), University Erlangen-Nuremberg, Thesis: *“Ideal Life Expectancy – The Determinants, Processes, and Consequences behind the Wish to Live a Long Life”* (Advisor: Prof. Dr. Frieder Lang)
- 06/2018                      Master of Science in Psychology (1.0), Heidelberg University, Thesis: *“Daily Felt Ages – Intraindividual Correlates, Interindividual Differences, and Relations to Global Representations of Felt Age”* (Advisor: Dr. Laura I. Schmidt)
- 08/2016                      Bachelor of Science in Psychology (1.2), Heidelberg University, Thesis: *“Cross-Sectional Relations Between Personality Traits and Awareness of Aging”* (Advisor: Prof. Dr. Hans-Werner Wahl)

#### **Professional Experience**

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- Since 08/2021              Teaching and research associate, PostDoc  
Advisor: Prof. Dr. Jana Nikitin, Department of Developmental and Educational Psychology, University of Vienna, Austria
- 05/2018 – 06/2021        Junior teaching and research associate, Doctoral student  
Advisor: Prof. Dr. Frieder R. Lang, Institute for Psychogerontology, Department of Psychology, University of Erlangen-Nuremberg, Germany

- 08/2017 – 09/2017    Clinical internship, Department of Gerontopsychiatry, Heidelberg University Hospital
- 08/2016 – 09/2016    Visiting research student  
Advisor: Prof. Dr. Manfred K. Diehl, Department of Human Development and Family Studies, Colorado State University
- 09/2014 – 04/2018    Student and teaching assistant  
Department of Psychological Aging Research, Heidelberg University (Prof. Dr. Hans-Werner Wahl)  
Department of Quantitative Research Methods, Heidelberg University (Prof. Dr. Andreas Voss)  
Department of Health Psychology and Gender Studies, Heidelberg University (Prof. Dr. Monika Sieverding)

### **Related Professional Experience and Service**

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- Since 2022            Trustee for Early Career Researchers at the Faculty of Psychology, University of Vienna
- Since 2021            Member of the Early Career Researchers Committee at the Faculty of Psychology, University of Vienna
- Since 2020            Review board for student applicants for the Studienstiftung des deutschen Volkes
- 2017                    Participation in the DAAD-exchange program “Active ageing and age-friendly culture in Germany and India”
- 2016 – 2017           Student representative in the review board for professorship applicants for Psychology of Aging at Heidelberg University
- 2015 – 2017           Participation in the Interdisciplinary Research College on Social Sciences, Studienstiftung des deutschen Volkes

### **Grants and Scholarships**

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- 2020 – 2022           Grant AZ 93 273-3 from the Volkswagen Foundation for the project “Ageing as Future: Social and Psychological Consequences of the

Coronavirus Pandemic” (118.900 €; PIs: Frieder Lang, Fiona Rupprecht, Helene Fung)

2013 – 2018           Scholarship awarded by the Studienstiftung des deutschen Volkes including monthly subsidies, book allowances and travel grants (approx. 28.000€)

## **Publications**

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### Peer-Reviewed Publications

Nikitin, J., **Rupprecht**, F. S., & Ristl, C. (2022). Experiences of solitude in adulthood and old age. The role of autonomy. *International Journal of Behavioral Development*.  
<https://doi.org/10.1177/01650254221117498>

Kim-Knauss, Y., Lang, F. R., **Rupprecht**, F. S., Martin, K., & Fung, H. H. (2022). COVID-19 worries predict aging preparation: Culture- and domain-specific perspectives. *The Journals of Gerontology, Series B: Psychological Science*.  
<https://doi.org/10.1093/geronb/gbac078>

**Rupprecht**, F. S., Martin, K., Kamin, S. T., & Lang, F. R. (2022). COVID-19 and perceiving finitude: Associations with future time perspective, death anxiety, and ideal life expectancy. *Psychology and Aging, 37*(2), 260-271.  
<https://doi.org/10.1037/pag0000661>

**Rupprecht**, F. S., Martin, K., & Lang, F. R. (2022). Aging-related fears and their associations with ideal life expectancy. *European Journal of Ageing, 19*, 587-597.  
<https://doi.org/10.1007/s10433-021-00661-3>

Bellingtier, J. A., **Rupprecht**, F. S., Neupert, S. D., & Lang, F. R. (2021). Daily experiences of subjective age discordance and well-being. *Psychology and Aging, 36*(6), 744-751.  
<https://doi.org/10.1037/pag0000621>

Lang, F. R., & **Rupprecht**, F. S. (2021). Perceived personal deadlines for late-life preparation across adulthood. *European Journal of Ageing, 18*, 227-238.  
<https://doi.org/10.1007/s10433-020-00581-8>

Ungar, N., **Rupprecht**, F. S., Steindorf, K., Wiskemann, J., & Sieverding, M. (2021). Worse or even better than expected? Outcome expectancies and behavioral experiences in the context of physical activity among cancer patients. *Journal of Health Psychology, 26*(5), 659-671. <https://doi.org/10.1177/1359105319832345>

**Rupprecht, F. S., & Lang, F. R. (2020).** Personal ideals of aging and longevity: The role of subjective discordances. *Psychology and Aging, 35*, 385-396.  
<https://doi.org/10.1037/pag0000455>

Lang, F. R., & **Rupprecht, F. S. (2019).** Motivation for longevity across the life span: An emerging issue. *Innovation in Aging, 3*. <https://doi.org/10.1093/geroni/igz014>

**Rupprecht, F. S., Dutt, A. J., Wahl, H.-W., & Diehl, M. K. (2019).** The role of personality in becoming aware of age-related changes. *GeroPsych, 32*, 57-67.  
<https://doi.org/10.1024/1662-9647/a000204>

Dutt, A. J., Wahl, H.-W., & **Rupprecht, F. S. (2018).** Mindful vs. mind full: Processing strategies moderate the association between subjective aging experiences and depressive symptoms. *Psychology and Aging, 33*, 630-642.  
<https://doi.org/10.1037/pag0000245>

#### Book Chapters

**Rupprecht, F. S., & Lang, F. R. (2022).** Subjective views on longevity. In: A. Shrira, Y. Palgi, & M. Diehl (Eds.), *Subjective Views of Aging*. Springer.

Lang, F. R., & **Rupprecht, F. S. (2019).** Time perspective across adulthood. In: D. Gu & M. E. Dupre (Eds.), *Encyclopedia of Gerontology and Population Aging*. Springer.  
<https://doi.org/10.1007/978-3-319-69892-2>

Doh, M., Jokisch, M. R., **Rupprecht, F. S., Schmidt, L. I., & Wahl, H.-W. (2018).** Förderliche und hinderliche Faktoren im Umgang mit neuen Informations- und Kommunikations-Technologien im Alter – Befunde aus der Initiative der „Senioren-Technik-Botschafter“ [Beneficial factors and barriers for the usage of new information and communication technologies in old age – Results from the „Senior Technology Ambassadors“ initiative]. In C. Kuttner & C. Schwender (Eds.), *Mediale Lehr-Lern-Kulturen im höheren Erwachsenenalter*. Kopaed.

#### In Revision and Under Review

Hösch, H. S., **Rupprecht, F. S., & Lang, F. R. (under review).** Psychological obsolescence and subjective remaining life expectancy are predictors of generativity in a six-year longitudinal study.

Hoppler, S. S., **Rupprecht, F. S., & Nikitin, J. (under review).** How I describe social interactions matters. Descriptions of everyday social interactions and subjective well-being.

**Rupprecht, F. S., Sabatini, S., Diehl, M., Gerstorff, D., Kaspar, R., Schilling, O. K., & Wahl,**

H.-W. (in revision). Awareness of age-related change in the context of major life events.

Sabatini, S., Dritschel, B., **Rupprecht**, F. S., Ukoumunne, O. C., Ballard, C., Brooker, H., Creese, B., Corbett, A., Hampshire, A., Aarsland, D., & Clare, L. (under review). Longitudinal associations of awareness of age-related change with depressive and anxiety symptoms across middle, early old, and advanced old age.

### In Preparation

Bellingtier, J. A., & **Rupprecht**, F. S. (in preparation). Analyzing intensive longitudinal data in emerging adult research: A beginner's guide to multilevel and dynamic structural equation modeling.

Korlat, S., **Rupprecht**, F. S., & Nikitin, J. (in preparation). Basic need satisfaction across in the contexts of family, leisure, and work and their role for well-being.

**Rupprecht**, F. S., Nikitin, J., Fung, H. H., Hess, M. T., Liou, S., & Lang, F. R. (in preparation). Approach and avoidance motivation for old-age preparation. Age- and culture-specific associations.

Sabatini, S., **Rupprecht**, F. S., Diehl, M., Wahl, H.-W., Kaspar, R., Schilling, O. K., & Gerstorff, D. (in preparation). Differences in the co-existence of perceived positive and negative age-related changes account for variability in developmental outcomes and personality across the adult lifespan.

### Conference Contributions

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Hösch, H. S., **Rupprecht**, F. S., & Lang, F. R. (2022, July). *Fluctuations in generativity. The role of psychological obsolescence and subjective remaining life expectancy*. Poster presented at the 2<sup>nd</sup> Ageing as Future Conference. Jena, Germany.

Martin, K., **Rupprecht**, F. S., Hösch, H. S., & Lang, F. R. (2022, July). *Longitudinal changes and interrelations of aging stereotypes and aging-related fears*. Poster presented at the 2<sup>nd</sup> Ageing as Future Conference. Jena, Germany.

**Rupprecht**, F. S., Nikitin, F. S., & Lang, F. R. (2022, July). *Old-age preparation seems to foster the wish for a long life*. Paper presented at the 2<sup>nd</sup> Ageing as Future Conference. Jena, Germany.

**Rupprecht**, F. S., Lang, F. R., & Nikitin, J. (2022, July). *The wish for a long life and its relation to health and preparatory behavior*. Paper presented at the European Congress of Psychology. Ljubljana, Slovenia.

- De Paula Couto, M. Clara P., **Rupprecht**, F. S., Nikitin, J., & Rothermund, K. (2022, June). *Under what conditions is life considered to be worth living? Determinants of desired longevity*. Poster presented at the Center for Lifespan Developmental Science (CELISE) workshop. Jena, Germany.
- Rupprecht**, F. S., Ristl, C., & Nikitin, J. (2022, April). *Momente des Alleinseins im höheren Lebensalter [Moments of solitude at older ages]*. Paper presented at the yearly congress of the Austrian society of Geriatrics and Gerontology (ÖGGG). Salzburg, Austria.
- Kamin, S. T., **Rupprecht**, F. S., Martin, K., & Lang, F. R. (2020, September). *Ängstlichkeit und COVID-19 Informationssuche im Internet – ist das höhere Lebensalter ein protektiver Faktor? [Anxiety and COVID-19 online information seeking—is advanced age a protective factor?]*. Paper presented at the scientific meeting of the German Society of Gerontology and Geriatrics. Berlin, Germany.
- Lang, F. R., & **Rupprecht**, F. S. (2019, May). *Subjective residual life expectation and timing of late-life preparation across adulthood*. Paper presented at the International Association of Gerontology and Geriatrics European Region Congress (IAGG-ER 2019), Gothenburg, Sweden.
- Nikitin, J., **Rupprecht**, F. S., Graf, S. (2019, May). *Approach and avoidance motivation as predictors of preparation for old age*. Paper presented at the International Association of Gerontology and Geriatrics European Region Congress (IAGG-ER 2019), Gothenburg, Sweden.
- Rupprecht**, F. S., & Lang, F. R. (2019, May). *Aging Ideals and their Discordance from Aging Perceptions*. Paper presented at the International Association of Gerontology and Geriatrics European Region Congress (IAGG-ER 2019), Gothenburg, Sweden.
- Rupprecht**, F. S., & Lang, F. R. (2019, February). *Age discordance and longevity desires*. Poster presented at the “Advancing the field of subjective aging and health” workshop. Haifa, Israel.
- Dutt, A. J., Wahl, H.-W., & **Rupprecht**, F. S. (2018, September). *Mindful oder Mind Full? Informationsverarbeitungsstrategien moderieren den Effekt des subjektiven Alternserlebens auf depressive Symptome*. Paper presented at the scientific meeting of the German Society of Gerontology and Geriatrics. Cologne, Germany.
- Rupprecht**, F. S., Schmidt, L. I., Gabrian, M., Wahl, H.-W., & Sieverding, M. (2018, May). *Short-term intraindividual variability in felt age and its everyday correlates*. Poster presented at the U.S.-Hong Kong 2018 Conference: Aging across Time and Contexts. Hong Kong, China.

Doh, M., **Rupprecht**, F. S., Jokisch, M. R. (2017, September). *Digitalisierung im hohen Alter – Ergebnisse aus der SAMS-Studie [Digitalization in advanced age—Results from the SAMS study]*. Paper presented at the scientific meeting of the German Society of Gerontology and Geriatrics. Fulda, Germany.

**Rupprecht**, F. S., Jokisch, M. R., & Doh, M. (2017, June). *FUTA-Projekt. Förderliche und hinderliche Faktoren für den Umgang mit neuen Informations- und Kommunikationstechnologien im höheren Lebensalter [FUTA-Project. Beneficial factors and barriers for the Usage of new information and communication technologies in old age]*. Paper presented at the Gesellschaft – Alter – Medien conference. Leipzig, Germany.

## Public Outreach

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Gelassen älter werden [Growing old calmly]. Granatapfel, Ausgabe 12/21.

Science Slam – COVID-19 und die Fragilität des Lebens [Science Slam – COVID-19 and the fragility of life]. Aviso, <https://www.stmwk.bayern.de/epaper/2020-4-aviso/44/index.html>.

Die Angst um andere – Eine Nürnberger Corona-Umfrage zeigt, dass sich Menschen kaum um sich selbst sorgen [The worry for others – A Nuremberg-based Corona survey shows that people worry little about themselves]. Nürnberger Nachrichten, Ausgabe 05/08/2020.

Ältere als Risiko? Umfrage von Gerontologen zur Corona-Pandemie [Older adults at a risk? Survey of gerontologists regarding the corona pandemic]. Nürnberger Nachrichten, Ausgabe 09/04/2020.

## Teaching Experience

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Summer 2022	Workshop on Multilevel Modeling (PhD)
Summer 2022	Seminar on Methods and Findings in Longitudinal Research (MSc)
Winter 2021, Summer 2022	Lecture on the Psychology of Time from a Lifespan Perspective (MSc)
Winter 2021	Seminar on Intervening Approaches for Challenges of Old Age (MSc)
Summer 2020, 2021	Seminar on Views on Aging (Course A and B; MSc)
Winter 2020	Seminar on Personality and Health (BSc)
Winter 2020	Preparatory Course in Gerontological Statistics (Course A and B; MSc)

Summer 2020	Seminar on Concepts of Psychogerontological Intervention: Interventions in Housing and the Social Environment (MSc)
Winter 2019	Seminar on Scientific Writing and Presenting (MSc)
Summer 2015, 2016	Tutorial Course on Inferential Statistics (BSc)
Winter 2014, 2015	Tutorial Course on Descriptive Statistics (BSc)

## **Student Supervision**

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### Master Thesis Supervision

Exp. Summer 2022	Niklas Hofmann, Lisa Kocher, Alexander Pell, Laureen Reindl, Fabio Selovin, Hanna Thallinger, Camilla Wolff
Winter 2022	Theresa Lüftenegger, Florentin Schönhuber
Winter 2021	Helena Schmiedl

### Bachelor Thesis Supervision

Summer 2020	Bianca Witzel
Summer 2021	Iuliana Xu

### Student Assistant Supervision

11/2018 – 06/2021	Helena Schmiedl
05/2018 – 12/2018	Maureen Morrissey

## **Ad-Hoc Reviewing**

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Aging and Mental Health  
European Journal of Personality  
GeroPsych: The Journal of Gerontopsychology and Geriatric Psychiatry  
PLoS ONE  
Population Medicine  
Psychological Reports  
Psychology and Aging  
Social Cognition  
The Journals of Gerontology, Series B: Psychological Sciences

Vienna, September 16<sup>th</sup> 2022