

## *Curriculum Vitae*

### **Dr. Fiona S. Rupprecht**

Faculty of Psychology  
Department of Developmental and Educational Psychology  
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#### **Education**

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- 09/2021                      Doctor of Philosophy (summa cum laude), University Erlangen-Nuremberg, Thesis: *“Ideal Life Expectancy – The Determinants, Processes, and Consequences behind the Wish to Live a Long Life”* (Advisor: Prof. Dr. Frieder Lang)
- 06/2018                      Master of Science in Psychology (1.0), Heidelberg University, Thesis: *“Daily Felt Ages – Intraindividual Correlates, Interindividual Differences, and Relations to Global Representations of Felt Age”* (Advisor: Dr. Laura I. Schmidt)
- 08/2016                      Bachelor of Science in Psychology (1.2), Heidelberg University, Thesis: *“Cross-Sectional Relations Between Personality Traits and Awareness of Aging”* (Advisor: Prof. Dr. Hans-Werner Wahl)

#### **Professional Experience**

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- Since 08/2021              Teaching and research associate, PostDoc  
Advisor: Prof. Dr. Jana Nikitin, Unit of Aging Psychology, Department of Developmental and Educational Psychology, University of Vienna, Austria
- 05/2018 – 06/2021        Junior teaching and research associate, Doctoral student  
Advisor: Prof. Dr. Frieder R. Lang, Institute for Psychogerontology, Department of Psychology, University of Erlangen-Nuremberg, Germany

- 08/2016 – 09/2016 Visiting research student  
Advisor: Prof. Dr. Manfred K. Diehl, Department of Human Development and Family Studies, Colorado State University
- 09/2014 – 04/2018 Student and teaching assistant  
Department of Psychological Aging Research, Heidelberg University (Prof. Dr. Hans-Werner Wahl)  
Department of Quantitative Research Methods, Heidelberg University (Prof. Dr. Andreas Voss)  
Department of Health Psychology and Gender Studies, Heidelberg University (Prof. Dr. Monika Sieverding)

### **Related Professional Experience and Service**

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- Since 2023 Member of the review board for professorship applicants for Intervention Psychology at the University of Vienna
- Since 2022 Trustee for Early Career Researchers at the Faculty of Psychology, University of Vienna
- Since 2021 Member of the Early Career Researchers Committee at the Faculty of Psychology, University of Vienna
- Since 2020 Review board for student applicants for the Studienstiftung des deutschen Volkes
- 2017 Participation in the DAAD-exchange program “Active ageing and age-friendly culture in Germany and India”
- 2016 – 2017 Student representative in the review board for professorship applicants for Psychology of Aging at Heidelberg University
- 2015 – 2017 Participation in the Interdisciplinary Research College on Social Sciences, Studienstiftung des deutschen Volkes

### **Grants and Scholarships**

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- 2020 – 2022 Grant AZ 93 273-3 from the Volkswagen Foundation for the project “Ageing as Future: Social and Psychological Consequences of the Coronavirus Pandemic” (118.900 €; PIs: Frieder Lang, Fiona Rupprecht, Helene Fung)

## Publications

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\*Shared first-authorship

°Student under direct supervision

### Peer-Reviewed Publications

Sabatini, S., **Rupprecht**, F. S., Kaspar, R., Wahl, H.-W., Klusmann, V., Kornadt, A., Nikitin, J., Schönstein, A., Stephan, Y., Wettstein, M., Wurm, S., Diehl, M., & Wahl, H.-W. (in press). Successful aging and subjective aging: Toward a framework to research a neglected connection. *The Gerontologist*. <https://doi.org/10.1093/geront/gnae051>

Nikitin, J., Luchetti, M., Alimanovic, N., **Rupprecht**, F. S., & Sutin, A. (2024). Are social interactions more meaningful in older adulthood? *Psychology and Aging*. Advance online publication. <https://doi.org/10.1037/pag0000827>

Goetz, T. G., Steiner, W., Graf, E., Stempfer, L., Ristl, C., **Rupprecht**, F. S., Donath, J. L., Botes, E., & Nikitin, J. (2024). Assessing psychological variables on mobile devices: An introduction to the experience sampling app ESM-Quest. *Frontiers in Psychology, 14*:1271422. <https://doi.org/10.3389/fpsyg.2023.1271422>

Kaspar, R., Schilling, O. K., Diehl, M., Gerstorff, D., **Rupprecht**, F. S., Sabatini, S., & Wahl, H.W. (2023). Differences in self-perceptions of aging across the adult lifespan: The sample case of awareness of age-related gains and losses. *Psychology and Aging, 23*(3), 824-836. <https://doi.org/10.1037/pag0000783>

Sabatini, S., **Rupprecht**, F. S., Diehl, M., Wahl, H.-W., Kaspar, O., Schilling, O. K., & Gerstorff, D. (2023). Levels of awareness of age-related gains and losses throughout adulthood and their developmental correlates. *Psychology and Aging, 38*(8), 837-853. <https://doi.org/10.1037/pag0000784>

de Paula Couto, M. C. P., **Rupprecht**, F. S., Nikitin, J., & Rothermund, K. (2023). Willingness to live under impairment: Factors associated with desired longevity. *Innovation in Aging, 7*(8), igad092. <https://doi.org/10.1093/geroni/igad092>

Hösch°, H. S., **Rupprecht**, F. S., & Lang, F. R. (2023). Psychological obsolescence and subjective remaining life expectancy are predictors of generativity in a six-year longitudinal study. *Journal of Adult Development, 30*, 359-368. <https://doi.org/10.1007/s10804-023-09441-y>

Sabatini, S., Dritschel, B., **Rupprecht**, F. S., Ukoumunne, O. C., Ballard, C., Brooker, H., Creese, B., Corbett, A., Hampshire, A., Aarsland, D., & Clare, L. (2023). Longitudinal associations of awareness of age-related change with depressive and anxiety symptoms across middle, early old, and advanced old age. *Aging & Mental Health*. <https://doi.org/10.1080/13607863.2023.2176820>

- Rupprecht, F. S., Sabatini, S., Diehl, M., Gerstorf, D., Kaspar, R., Schilling, O. K., & Wahl, H.-W.** (2022). Awareness of age-related change in the context of major life events. *Frontiers of Psychiatry*. <https://doi.org/10.3389/fpsy.2022.954048>
- Nikitin, J., **Rupprecht, F. S., & Ristl, C.** (2022). Experiences of solitude in adulthood and old age. The role of autonomy. *International Journal of Behavioral Development*, 46(6), 510-519. <https://doi.org/10.1177/01650254221117498>
- Kim-Knauss, Y., Lang, F. R., **Rupprecht, F. S., Martin, K., & Fung, H. H.** (2022). COVID-19 worries predict aging preparation: Culture- and domain-specific perspectives. *The Journals of Gerontology, Series B: Psychological Science*, 77(10), 1803-1813. <https://doi.org/10.1093/geronb/gbac078>
- Rupprecht, F. S., Martin, K., Kamin, S. T., & Lang, F. R.** (2022). COVID-19 and perceiving finitude: Associations with future time perspective, death anxiety, and ideal life expectancy. *Psychology and Aging*, 37(2), 260-271. <https://doi.org/10.1037/pag0000661>
- Rupprecht, F. S., Martin, K., & Lang, F. R.** (2022). Aging-related fears and their associations with ideal life expectancy. *European Journal of Ageing*, 19, 587-597. <https://doi.org/10.1007/s10433-021-00661-3>
- Bellingtier, J. A., **Rupprecht, F. S., Neupert, S. D., & Lang, F. R.** (2021). Daily experiences of subjective age discordance and well-being. *Psychology and Aging*, 36(6), 744-751. <https://doi.org/10.1037/pag0000621>
- Lang, F. R., & **Rupprecht, F. S.** (2021). Perceived personal deadlines for late-life preparation across adulthood. *European Journal of Ageing*, 18, 227-238. <https://doi.org/10.1007/s10433-020-00581-8>
- Ungar, N., **Rupprecht, F. S., Steindorf, K., Wiskemann, J., & Sieverding, M.** (2021). Worse or even better than expected? Outcome expectancies and behavioral experiences in the context of physical activity among cancer patients. *Journal of Health Psychology*, 26(5), 659-671. <https://doi.org/10.1177/1359105319832345>
- Rupprecht, F. S., & Lang, F. R.** (2020). Personal ideals of aging and longevity: The role of subjective discordances. *Psychology and Aging*, 35, 385-396. <https://doi.org/10.1037/pag0000455>
- Lang, F. R., & **Rupprecht, F. S.** (2019). Motivation for longevity across the life span: An emerging issue. *Innovation in Aging*, 3(2), igz014. <https://doi.org/10.1093/geroni/igz014>
- Rupprecht, F. S., Dutt, A. J., Wahl, H.-W., & Diehl, M. K.** (2019). The role of personality

in becoming aware of age-related changes. *GeroPsych*, 32, 57-67.  
<https://doi.org/10.1024/1662-9647/a000204>

Dutt, A. J., Wahl, H.-W., & **Rupprecht**, F. S. (2018). Mindful vs. mind full: Processing strategies moderate the association between subjective aging experiences and depressive symptoms. *Psychology and Aging*, 33, 630-642.  
<https://doi.org/10.1037/pag0000245>

### Book Chapters

Bellingtier, J. A., & **Rupprecht**, F. S. (in press). Analyzing intensive longitudinal data in emerging adult research: A beginner's guide to multilevel and dynamic structural equation modeling. In: A. Sorgente, S. Claxton, J. Schwab, & R. Vosyls. *Flourishing as a Scholar: Research Methods for the Study of Emerging Adulthood*. Oxford University Publishing.

**Rupprecht**, F. S., & Lang, F. R. (2022). Subjective views on longevity. In: A. Shrira, Y. Palgi, & M. Diehl (Eds.), *Subjective Views of Aging* (pp. 77-95). Springer.

Lang, F. R., & **Rupprecht**, F. S. (2019). Time perspective across adulthood. In: D. Gu & M. E. Dupre (Eds.), *Encyclopedia of Gerontology and Population Aging*. Springer.  
<https://doi.org/10.1007/978-3-319-69892-2>

Doh, M., Jokisch, M. R., **Rupprecht**, F. S., Schmidt, L. I., & Wahl, H.-W. (2018). Förderliche und hinderliche Faktoren im Umgang mit neuen Informations- und Kommunikations-Technologien im Alter – Befunde aus der Initiative der „Senioren-Technik-Botschafter“ [Beneficial factors and barriers for the usage of new information and communication technologies in old age – Results from the „Senior Technology Ambassadors“ initiative]. In C. Kuttner & C. Schwender (Eds.), *Mediale Lehr-Lern-Kulturen im höheren Erwachsenenalter*. Kopaed.

### In Revision and Under Review

Luchetti, M., **Rupprecht**, F. S., Nikitin, J., Lovett, H., Brown, J., Aschwanden, D., Stephan, Y., Terracciano, A., & Sutin, A. R. (in revision). Is loneliness contagious? An ecological momentary assessment within romantic couples.

Radjenovic, S., **Rupprecht**, F. S., & Nikitin, J. (under review). Establishing and maintaining social relationships during significant life events: The role of age.

**Rupprecht**, F. S., & Schmidt\*, L. I., Gabrian, M., Jansen, C.-P., Sieverding, M., & Wahl, H.-W. (in revision). Intraindividual variability in subjective age its everyday correlates: Affect, stress, physical activity, sleep, and hours of sunshine.

## Conference Contributions

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- Rupprecht, F. S., de Paula Couto, M. C. P., Nikitin, J., & Rothermund, K. (2023, August).** *Upholding the self-concept of a young person over time.* Paper presented at the European Conference on Developmental Psychology. Turku, Finland.
- Rupprecht, F. S., & Nikitin, J. (2023, August).** *Can you see me aging? Awareness of age-related change among couples.* Paper presented at the European Conference on Developmental Psychology. Turku, Finland.
- Rupprecht, F. S., Luchetti, M., Nikitin, J., & Sutin, G. (2023, June).** *Interdependency of couples' everyday cognitive functioning.* Poster presented at the Early Career Researchers' Poster Congress at the Faculty of Psychology. Vienna, Austria.
- Rupprecht, F. S. (2023, February).** *Self-perceptions of aging in couples.* Paper presented at the "SPA Research and its Applications" workshop. Heidelberg, Germany.
- Bellingtier, J., **Rupprecht, F. S., Neupert, S., & Lang, F. R. (2022, November).** *I wish I may, I wish I might feel the age I wish tonight.* Paper presented at the Annual Scientific Meeting of the Gerontological Society of America. Indianapolis, USA.
- Rupprecht, F. S., & Nikitin, J. (2022, November).** *Preparing for a golden age? Approach and avoidance motivation in the context of old-age preparation.* Paper presented at the Annual Scientific Meeting of the Gerontological Society of America. Indianapolis, USA.
- Rupprecht, F. S., Schmidt, L. I., Sieverding, M., Nikitin, J., & Wahl, H.-W. (2022, November).** *Feeling young today, feeling old tomorrow? Micro-longitudinal dynamics in subjective age.* Paper presented at the Annual Scientific Meeting of the Gerontological Society of America. Indianapolis, USA.
- Hösch, H. S., **Rupprecht, F. S., & Lang, F. R. (2022, July).** *Fluctuations in generativity. The role of psychological obsolescence and subjective remaining life expectancy.* Poster presented at the 2<sup>nd</sup> Ageing as Future Conference. Jena, Germany.
- Martin, K., **Rupprecht, F. S., Hösch, H. S., & Lang, F. R. (2022, July).** *Longitudinal changes and interrelations of aging stereotypes and aging-related fears.* Poster presented at the 2<sup>nd</sup> Ageing as Future Conference. Jena, Germany.
- Rupprecht, F. S., Nikitin, F. S., & Lang, F. R. (2022, July).** *Old-age preparation seems to foster the wish for a long life.* Paper presented at the 2<sup>nd</sup> Ageing as Future Conference. Jena, Germany.
- Rupprecht, F. S., Lang, F. R., & Nikitin, J. (2022, July).** *The wish for a long life and its*

*relation to health and preparatory behavior.* Paper presented at the European Congress of Psychology. Ljubljana, Slovenia.

De Paula Couto, M. Clara P., **Rupprecht**, F. S., Nikitin, J., & Rothermund, K. (2022, June). *Under what conditions is life considered to be worth living? Determinants of desired longevity.* Poster presented at the Center for Lifespan Developmental Science (CELISE) workshop. Jena, Germany.

**Rupprecht**, F. S., Ristl, C., & Nikitin, J. (2022, April). *Momente des Alleinseins im höheren Lebensalter [Moments of solitude at older ages].* Paper presented at the yearly congress of the Austrian society of Geriatrics and Gerontology (ÖGGG). Salzburg, Austria.

Kamin, S. T., **Rupprecht**, F. S., Martin, K., & Lang, F. R. (2020, September). *Ängstlichkeit und COVID-19 Informationssuche im Internet – ist das höhere Lebensalter ein protektiver Faktor? [Anxiety and COVID-19 online information seeking—is advanced age a protective factor?].* Paper presented at the scientific meeting of the German Society of Gerontology and Geriatrics. Berlin, Germany.

Lang, F. R., & **Rupprecht**, F. S. (2019, May). *Subjective residual life expectation and timing of late-life preparation across adulthood.* Paper presented at the International Association of Gerontology and Geriatrics European Region Congress (IAGG-ER 2019), Gothenburg, Sweden.

Nikitin, J., **Rupprecht**, F. S., Graf, S. (2019, May). *Approach and avoidance motivation as predictors of preparation for old age.* Paper presented at the International Association of Gerontology and Geriatrics European Region Congress (IAGG-ER 2019), Gothenburg, Sweden.

**Rupprecht**, F. S., & Lang, F. R. (2019, May). *Aging Ideals and their Discordance from Aging Perceptions.* Paper presented at the International Association of Gerontology and Geriatrics European Region Congress (IAGG-ER 2019), Gothenburg, Sweden.

**Rupprecht**, F. S., & Lang, F. R. (2019, February). *Age discordance and longevity desires.* Poster presented at the “Advancing the field of subjective aging and health” workshop. Haifa, Israel.

Dutt, A. J., Wahl, H.-W., & **Rupprecht**, F. S. (2018, September). *Mindful oder Mind Full? Informationsverarbeitungsstrategien moderieren den Effekt des subjektiven Alternserlebens auf depressive Symptome.* Paper presented at the scientific meeting of the German Society of Gerontology and Geriatrics. Cologne, Germany.

**Rupprecht**, F. S., Schmidt, L. I., Gabrian, M., Wahl, H.-W., & Sieverding, M. (2018, May).

*Short-term intraindividual variability in felt age and its everyday correlates.* Poster presented at the U.S.-Hong Kong 2018 Conference: Aging across Time and Contexts. Hong Kong, China.

Doh, M., **Rupprecht**, F. S., Jokisch, M. R. (2017, September). *Digitalisierung im hohen Alter – Ergebnisse aus der SAMS-Studie [Digitalization in advanced age—Results from the SAMS study]*. Paper presented at the scientific meeting of the German Society of Gerontology and Geriatrics. Fulda, Germany.

**Rupprecht**, F. S., Jokisch, M. R., & Doh, M. (2017, June). *FUTA-Projekt. Förderliche und hinderliche Faktoren für den Umgang mit neuen Informations- und Kommunikationstechnologien im höheren Lebensalter [FUTA-Project. Beneficial factors and barriers for the Usage of new information and communication technologies in old age]*. Paper presented at the Gesellschaft – Alter – Medien conference. Leipzig, Germany.

### Invited Talks

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**Rupprecht**, F. S. (2024, February). *Interpersonal aspects of (subjective) aging.* Departments for General and Developmental Psychology, University of Jena, Germany.

Sabatini, S., & **Rupprecht**, F. S. (2023, July). *Self-perceptions of aging: Associations with health-enhancing behaviours and health at the individual and interpersonal level.* Institute for Neurosciences, University of Barcelona, Spain.

**Rupprecht**, F. S. (2022, November). *The subjective experience of aging, change, and the finitude of life.* Department for General Psychology, University of Jena, Germany.

**Rupprecht**, F. S. (2022, November). *Time as a central factor in human development.* Department for Motivational Psychology, University of Vienna, Austria.

### Public Outreach

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Was schulden wir unseren Müttern? [What do we owe our mothers?]. Die Presse, 05/23.  
<https://www.diepresse.com/6287737/was-schulden-wir-unseren-muettern>

Für immer jung [Forever young]. Talk im Turm, Radio Wien, 01/23.  
<https://wien.orf.at/radio/stories/3190763/>

Gelassen älter werden [Growing old calmly]. Granatapfel, Ausgabe 12/21.

Science Slam – COVID-19 und die Fragilität des Lebens [Science Slam – COVID-19 and the



fragility of life]. Aviso, <https://www.stmwk.bayern.de/epaper/2020-4-aviso/44/index.html>.

Die Angst um andere – Eine Nürnberger Corona-Umfrage zeigt, dass sich Menschen kaum um sich selbst sorgen [The worry for others – A Nuremberg-based Corona survey shows that people worry little about themselves]. Nürnberger Nachrichten, Ausgabe 05/08/2020.

Ältere als Risiko? Umfrage von Gerontologen zur Corona-Pandemie [Older adults at a risk? Survey of gerontologists regarding the corona pandemic]. Nürnberger Nachrichten, Ausgabe 09/04/2020.

## Teaching Experience

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Winter 2023	Seminar on Contextual Influences on Aging (MSc)
Summer 2023	Seminar on Successful Aging (MSc)
Summer 2023	Lecture on Multivariate Statistics (MSc)
Summer 2022	Workshop on Multilevel Modeling (PhD)
Summer 2022	Seminar on Methods and Findings in Longitudinal Research (MSc)
Winter 2021-2023, Summer 2022-2023	Lecture on the Psychology of Time from a Lifespan Perspective (MSc)
Winter 2021	Seminar on Intervening Approaches for Challenges of Old Age (MSc)
Summer 2020, 2021	Seminar on Views on Aging (Course A and B; MSc)
Winter 2020	Seminar on Personality and Health (BSc)
Winter 2020	Preparatory Course in Gerontological Statistics (Course A and B; MSc)
Summer 2020	Seminar on Concepts of Psychogerontological Intervention: Interventions in Housing and the Social Environment (MSc)
Winter 2019	Seminar on Scientific Writing and Presenting (MSc)
Summer 2015, 2016	Tutorial Course on Inferential Statistics (BSc)
Winter 2014, 2015	Tutorial Course on Descriptive Statistics (BSc)

## Student Supervision

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### Master Thesis Supervision

Summer 2024	Niklas Hofmann, Theresa Scheidel
Summer 2023	Soumaya Mouhsine, Corinna Pütz, Laureen Reindl, Florentin Schönhuber, Fabio Selovin, Hanna Thallinger, Camilla Wolff, Sandra Wohlrab

Winter 2022           Theresa Lüftenegger

Winter 2021           Helena Hösch

### Bachelor Thesis Supervision

Summer 2020           Bianca Witzel

Summer 2021           Iuliana Xu

### Student Assistant Supervision

09/2022 – 06/2023    Fabio Selovin

11/2018 – 06/2021    Helena Schmiedl

05/2018 – 12/2018    Maureen Morrissey

### **Ad-Hoc Reviewing**

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Avances en Psicología Latinoamericana

Aging and Mental Health

Educational Gerontology

European Journal of Personality

GeroPsych: The Journal of Gerontopsychology and Geriatric Psychiatry (Editorial Board Membership)

International Journal of Behavioral Development

Heliyon

PLoS ONE

Population Medicine

Psychological Reports

Psychology and Aging

Scientific Reports

Social Cognition

The Journals of Gerontology, Series B: Psychological Sciences

### **Memberships**

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Deutsche Gesellschaft für Psychologie (Fachgruppe Entwicklungspsychologie)

Gerontological Society of America

*F. Rupprecht*

Vienna, May 25<sup>th</sup> 2024